

## TRAIL ETIQUETTE

- Paved trails are for cyclists, skaters, runners and walkers.
- Helmets are encouraged for cyclists and skaters.
- Keep pets on a short leash and under control at all times.
- Clean up after your pets.
- Children should be monitored by parents at all times.
- Trail users should keep to the right side of the trail, except when passing.
- Give an audible warning when preparing to pass. Always pass on the left side leaving at least two feet of clearance.
- Pedestrians have the right-of-way on trails. Groups should move into a single-file line to allow for cyclists to pass.
- Move off of the trail pavement when stopping.
- Travel at safe and appropriate speeds when cycling and skating.
- Pay attention to trail markings and safety signs.

### MARTIN'S LANDING & SINNISSIPPI DAM WALKWAY

These are two of the area's finest recreational gems. Martin's Landing is a park that welcomes visitors to the north side of the Rock River into Sterling with a path leading to the Dillon Home Museum. The Sinnissippi Dam Walkway is an approximately .25 mile long pedestrian bridge that links the communities of Sterling and Rock Falls over the Rock River. It also provides the link between the ever expanding trail system in Sterling and the Hennepin Feeder Canal in Rock Falls. The Feeder Canal ties into the main Hennepin Canal and becomes part of the Grand Illinois Trail. The Sterling Park District, along with the Coloma Township Park District, the City of Sterling, the City of Rock Falls and the Illinois Department of Natural Resources combined forces to obtain local, state and federal funds and significant private donations to complete the project. The end result is a park and walkway that can be enjoyed by all ages year round.

# SINNISSIPPI & HOOVER PARKS (S.M.A.R.T.) TO THE DILLON HOME MUSEUM

This section of trail can be accessed at the Hoover Park parking lot off of Woodlawn Road, the east shelter in Sinnissippi Park off the parking lot and underneath the road bridge across from the playground near the Sinnissippi Park entrance. This portion of the Sterling Multi-Activity Recreational Trail (S.M.A.R.T.) consists of **1.25 miles** of paved asphalt path with a scenic wooden bridge over Woodlawn Creek linking the two parks. The trail continues .75 mile west along the Sinnissippi Bayou and connects to Redfield Park and city streets until

reaching the Dillon Home and Martin's Landing. Hoover Park has a playground for young children at the trailhead. Sinnissippi Park has two shelters with bathrooms, two

#### LYNN BOULEVARD/WESTWOOD TRAIL

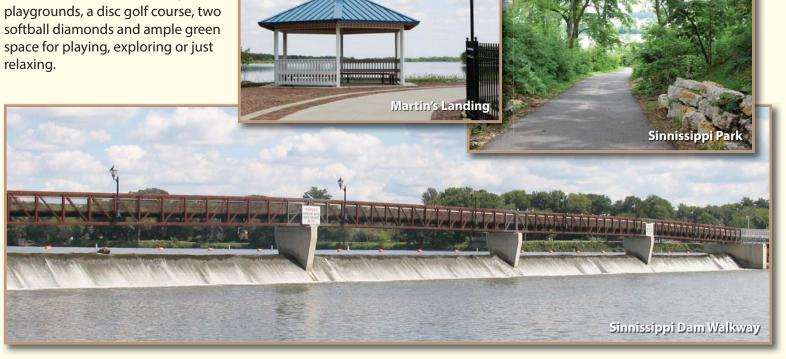
The trail parallels Lynn Boulevard on the south side of the road from YMCA Way on the east end to LeFevre Road on the west end. This section is **1.7 miles** in length. The trail crosses Lynn Boulevard at LeFevre Road and heads onto the Westwood trail system for approximately 2 miles. Here the trail meanders around the Ballard Shelter, which overlooks a man-made lake. The paved trail then travels along Elkhorn Creek through a wooded area directly behind the Sterling Park District's main recreational facility, Westwood Fitness & Sports Center. Trail users can directly access Westwood's parking lot from the trail or they can continue to circle back to the trail head.

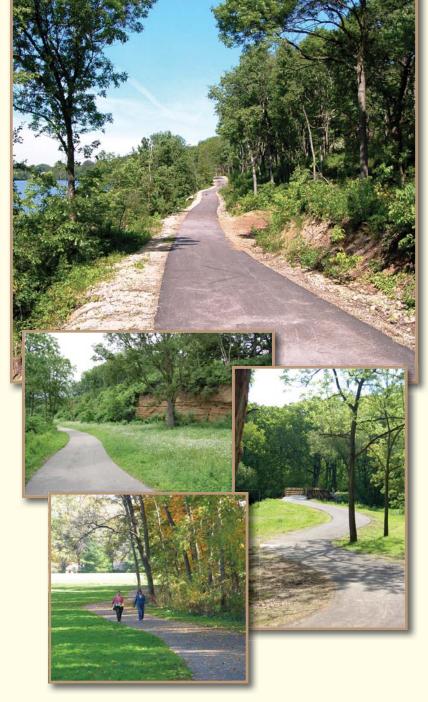
#### PLANNING/CONSTRUCTION UNDERWAY

• Franklin School to Thomas Park, along Lynn Boulevard to 6th Avenue and south on 6th Avenue to Challand Middle School. The trail will be funded through a Safe Routes to School grant awarded to the Sterling Park District, the City of Sterling and Sterling Public Schools. Construction will begin in the summer of 2016 and will be completed by the following fall.

#### FUTURE TRAIL EXPANSION POSSIBILITIES

- Lynn Boulevard east from current end point at YMCA Way to IL Route 2 (Lincoln Highway) and across Route 2 to Oppold Marina
- Hoover Park to Oppold Marina
- Continue east to Sauk Valley Community College and then eventually to meet up with trail system in Dixon
- Gartner Park to Westwood Fitness & Sports Center







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