



# WESTWOOD FITNESS & SPORTS CENTER

## Dress Code

In an effort to create a welcoming, inclusive and safe environment for all patrons, as well as prolonging the life of our exercise equipment, shirts **MUST** be worn in the following areas:

- **Fitness:**

- Functional Training
- Fitness Turf
- Batting Cages
- Cardio
- Weight lifting/stretching
- Aerobics

- **Tennis Center**

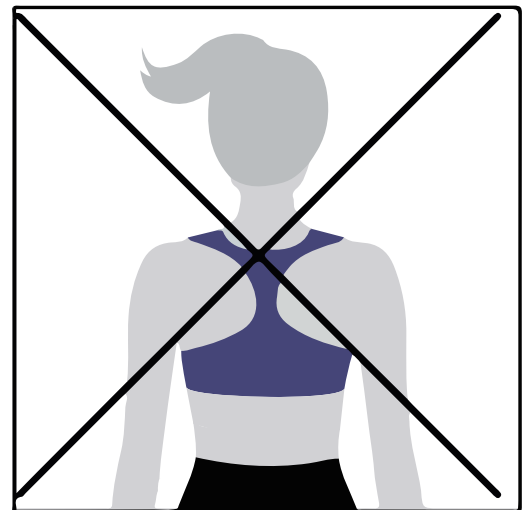
- **Building #3**

- Pickleball Courts
- Mezzanine
- Entrance Area

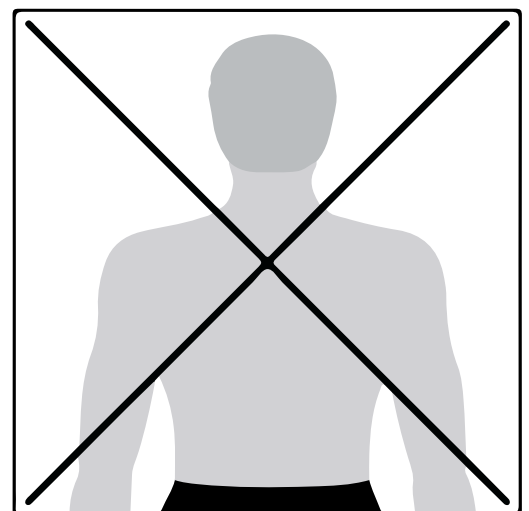
- **All Hallways/Lobbys - All Buildings**

- **Also:**

- Appropriate footwear must be worn. Closed toe, close heel, non-marking athletic shoes (minimalist shoes are permitted). Exception, soldiers working out in uniform.
- No profanity or offensive language should be on clothing.



**Sports Bras**



**No Shirt**