



Westwood

Wellness begins here.

WESTWOOD AGE RESTRICTIONS*

TOTAL FITNESS MEMBERS

- 14+ years of age: Can utilize all fitness areas** and track building without an adult.
 - 14/15 year-olds must complete an approved Youth Fitness class.
- 9-13 years of age: Can utilize all fitness areas** with an adult after completing a Park District offered Youth Fitness class (with a specially colored ID card).
- 13 and younger: Can utilize the track building with an adult also in the track building.

DROP-INS

- 16+ years of age: Can utilize all fitness areas** and track building without an adult.
- 9-15 years of age: Can utilize all fitness areas** with an adult in the same area after completing a Park District offered Youth Fitness class. In an instance where a class has not been available, the drop ins can use the facility with an adult after signing an additional waiver and an acknowledgement that they are only allowed to do this until the next youth fitness class is offered.
- 15 and younger: Can utilize the track building with an adult also in the track building.

AGES 8-UNDER

- Not allowed in any fitness area** unless participating in the Park District program; or attending a rental, Kids Gym, or a party.

WESTWOOD WELLNESS

- Age restrictions to be announced closer to the November 14, 2022 grand opening.

BUILDING #3

- 14+ years of age: Can utilize Building #3 lower areas without an adult.
- 13 and younger: must have an adult present.

BUILDING #2

- Any age can play if an adult is in the B2 lobby.
- Must be 14 to rent without a parent.

*Westwood reserves the right to temporarily modify these age restrictions for special/specific reasons.

**Fitness areas include...Cardio Area, Upper/Lower fitness areas, Functional Training Area, Fitness Turf, HIIT House, Warehouse, and Wood Basketball Courts.